Continuum Exercise (25 min.)

Directions: Ask participants to line up across the room. Post signs labeled agree, neutral, and disagree. A facilitator will read each statement/question. Participants will be asked to listen and to line up at points which reflect their agreement/disagreement. Facilitator must stress there are no "right" or "wrong" answers. Facilitator should elicit comments from participants at various points across the room and ask for an explanation/elaboration before moving to the next item. If particular themes emerge in discussion across items, the facilitator should try to identify those themes and to summarize comments.

Statements:
1) There's no such thing as bisexuality. Those people are just confused.
2) Bisexual people are really gay, but just won't admit it.
3) It's a stage they're going through - they eventually will choose.
4) Bisexual people often move through a stage of homosexuality on the way to bisexuality.
5) Bisexual people are basically heterosexuals who are just experimenting.
6) Bisexual people are afraid of the other sex and the same sex is less threatening.
7) Bisexual people are sex maniacs (anyone/anytime).
8) Most people are at least a little bit bisexual.
9) Bisexual people are shallow and can't commit to one person or even one sex for a long-term relationship.
10) Bisexual people are more open and secure than either heterosexuals or homosexuals in that they are willing to explore their feelings for anyone, regardless of gender.