

UNIVERSITY OF SOUTHERN CALIFORNIA
LESBIAN GAY BISEXUAL TRANSGENDER RESOURCE CENTER

Continuum Exercise (25 min.)

Directions: Ask participants to line up across the room. Post signs labeled agree, neutral, and disagree. A facilitator will read each statement/question. Participants will be asked to listen and to line up at points which reflect their agreement/disagreement. Facilitator must stress there are no "right" or "wrong" answers. Facilitator should elicit comments from participants at various points across the room and ask for an explanation/elaboration before moving to the next item. If particular themes emerge in discussion across items, the facilitator should try to identify those themes and to summarize comments.

Statements:

- 1) There's no such thing as bisexuality. Those people are just confused.
- 2) Bisexual people are really gay, but just won't admit it.
- 3) It's a stage they're going through - they eventually will choose.
- 4) Bisexual people often move through a stage of homosexuality on the way to bisexuality.
- 5) Bisexual people are basically heterosexuals who are just experimenting.
- 6) Bisexual people are afraid of the other sex and the same sex is less threatening.
- 7) Bisexual people are sex maniacs (anyone/anytime).
- 8) Most people are at least a little bit bisexual.
- 9) Bisexual people are shallow and can't commit to one person or even one sex for a long-term relationship.
- 10) Bisexual people are more open and secure than either heterosexuals or homosexuals in that they are willing to explore their feelings for anyone, regardless of gender.